

# INFORMATION FOR FAMILIES TO LIMIT COVID-19 CONTAGION

## RETURN TO SCHOOL RULES

For the presence / attendance of the school for children and teenagers, parents or other adults it is necessary:

- Have no cough, sore throat, breathing problems and fever above  $37.5^{\circ}\text{C}$  and have not had these symptoms for up to three days before
- Not having been in quarantine or home isolation in the past 14 days;
- Not having been in contact with positive people in the past 14 days

## AT HOME, BEFORE GOING TO SCHOOL

- Check that your child has no sore throat or other signs of illness, such as cough, diarrhoea, headache, vomiting or muscle aches. If he is not in good health, he cannot go to school.
- Measure your fever every morning, if it is above  $37.5^{\circ}\text{C}$  you cannot go to school!
- Give the school a list of people who can be contacted in case your child is not feeling well at school: names, surnames, landlines or cell phones, any further useful information to contact them quickly. An adult must always be available in case of need and be able to go to school immediately.
- Prepare the backpack with only the material needed for the day's lessons. If your child does it alone, check! Each child must use only personal material and will have to put it back at home every day.

## **HYGIENIC BEHAVIOURS TO RESPECT AND TEACH**

- Use and teach the correct way to wash your hands and when to do it (immediately upon returning home, after coughing and sneezing, before and after eating, after using the bathroom). Explain that it is very important.
- Teaches never to drink directly from taps; bring a bottle of water every day, each boy must recognize his own.
- Provide a supply of paper tissues in the backpack and teach children to throw them away after each use.
- Empower the children to respect the necessary rules (wash and disinfect their hands more often, keep the physical distance from other students, wear the mask according to the instructions, avoid crowds, even outside the school) even when there are no adults who they check
- Put a spare mask in the backpack, closed in a container.
- The masks must be used correctly (cover nose and mouth, be attached to the ears, cleaned / disinfected)
- If your children use cloth masks, they must be recognizable so as not to confuse them with those of other students.
- Remind children not to borrow things from others and not to lend their own, not out of selfishness but out of security

## **THE RULES OF THE SCHOOL TO BE RESPECTED FOR THE GOOD OF ALL**

- Outside the school: wear a mask, wait for the bell to ring, follow the signs to position yourself at the gates.

- Children can be accompanied only by one parent or reference adult, who must wear the mask for as long as he waits for the bell to ring.
- Children will be welcomed by teachers.
- Parents cannot access school.

*Health problems in relation to the contagion*

*For special situations related to the health of your child / to contact the headmaster.*